



YOU ARE INVITED

JOHN SEED
24 MARCH 2017
9:00 am - 4:00 pm

Fostering Ecological Identity



INTRODUCTION

John Seed has written and lectured extensively on deep ecology and ecopsychology and has been conducting experiential deep ecology workshops around the world for 25 years. In 1995 he was awarded the Order of Australia Medal (OAM) by the Australian Government for services to conservation.

Notable publications include: John Seed and Joanna Macy (1988).
Thinking like a mountain and many others, see: 11JMJJrainforestinfo.org.au/deep-eco/seed.htm
Rainforest and Psyche: 11JMJJrainforestinfo.org.au/deep-eco/ifpsyche.htm 2001
The Ecological Self. 11JMJJrainforestinfo.org.au/deep-eco/Earthlight5.htm 2005

From the Self as Separate to the Self as Ecological

Consumerism (or 'materialistic disorder') which characterises Western culture can be seen to occur because, collectively, we have an 'empty self'. Our cultural project is to 'fill ourselves up' with material goods and experiences in order to satisfy an emotional and spiritual emptiness. As we know, this doesn't work. And precisely because it doesn't work, we keep trying to fill ourselves up with more and more 'stuff!' Just like any other addiction.

This workshop aims to show the benefits of broadening therapeutic modalities from an almost exclusive focus on human relationships to one that includes humans' interconnectedness with the wider web of life, with Gaia.

John will lead participants in experiential and reflective processes that he and Joanna Macy have been developing since 1988. By experiencing and acknowledging our interconnectedness, we create the conditions for the healing of the self into an ecological self with an ecological identity.

Who should attend:

- Psychotherapists
- Psychologists
- Counsellors
- Medical practitioners
- Mental health workers
- Interested students across the Faculty
- General public

What will you take away:

Participants will learn how to bring this ecological dimension into the therapeutic space and help their patients, clients and others to honour and transform their pain for the world.

Vision and empowerment arise naturally from realigning ourselves with the living Earth.

JOHN SEED

24 MARCH 2017

9:00AM- 4:00PM

Venue: RoomAJ 100
AUT North Shore Campus
90 Akoranga Drive, Northcote
Auckland

Date: Friday, 24 March 2017

Time: 9:00 am- 4:00 pm

Cost: \$150 waged
\$80 students or unwaged (with ID)
Morning tea and afternoon tea will be provided
Please bring your own lunch- or available for purchase at the AUT cafeteria

Register at: <https://goo.gl/forms/iXTqASmSLmBSOuZ6h2>

Contact: hyadmir@aut.ac.nz