

Touching the Earth: a day of meditation and deep ecology Saturday, September 21, 2013 10am to 5pm

@ 'Cloud Mountain', 36 Wattamolla Road, Woodhill (7kms from Berry)

Our Earth is in trouble. To recognise that trouble is an act of sanity, to share the trouble is an act of love. Meditation is a path back towards understanding that we are not in any possible way separate from the Earth that sustains and shapes us, gives us life and wakes us up. The study of deep ecology has given rise to some powerful ways of engaging this consciousness, in shared processes and rituals of awareness.

On this day, **Zen Roshi Susan Murphy** and well-known **ecological activist John Seed** will combine their skills to offer a day of deep exploration of how we may begin to wake up a true response to the crisis facing our Earth - both individually and collectively.

The morning will focus on the mind of meditation, and include periods of stillness and silence as well as teaching and discussion drawing in part on Susan's work in **Minding the Earth, Mending the World** (Picador, 2012; Counterpoint (US), 2014).

The afternoon will expand this into participatory exercises to awaken empathic connection with the Earth and all its creatures. It will culminate in a **Council For All Beings**, a powerful and moving ritual originally created by John Seed together with Joanna Macy, and led from time to time also by Susan Murphy.

COST: \$100 sliding scale to \$50 concession, to be donated to the Cambodian monks of Prolay Temple who have long been ordaining trees to defend them from loggers and are working to stop a proposed dam threatening the largest remaining rainforest in SE Asia – details www.rainforestinfo.org.au/cambodia.htm.

Dana (donation) for the teachers is also gratefully accepted.

BYO LUNCH to share

Bookings: johnseed1@ozemail.com.au

Dr Susan Murphy, Roshi has been teaching Zen in Sydney and Melbourne since 1998, and more recently in Berry.

John Seed, OAM has been working for the protection of the world's rainforests and facilitating the experience of deep ecology since 1979.

Reconciliation with the Earth: a morning of teachings with Dulumunmun (**Uncle Max Harrison**)

Sunday 22 September, 10am-1pm has been cancelled

