



**Saturday
23rd July
Nambour
9.30 to 5.30**

CLIMATE CHANGE, DESPAIR & EMPOWERMENT

Dear Friends

You are invited to join us for a Climate-Change, Despair and Empowerment workshop. This workshop aims to support individuals and climate change action groups to increase personal empowerment, as well as climate action sustainability and effectiveness.

Many of us working in the climate movement, or caring for the planet in any way, may at times feel broken-hearted, despair, grief, anger or emptiness. To sustain our own work and reach out to others in the community, we need to draw on our feelings. Arising from the work of Joanna Macy, this workshop offers simple and effective processes for drawing on our feeling intelligence, to bring renewed energy, resilience, wisdom and empowerment to our work in the world.

John Seed OAM is a world renowned environmental activist & facilitator who has worked closely with Joanna Macy for over 25 years. Fiona O'Sullivan is an 'Awakening the Dreamer' Symposium Facilitator, and is passionate about the power of reconnecting with the natural world and so to our inherent wisdom.

All proceeds from the day go to Beyond Zero Emissions, Australian Youth Climate Coalition and 100% Renewables Campaign.

FACILITATORS:

**JOHN SEED OAM
&
FIONA O'SULLIVAN**

BOOKINGS & ENQUIRIES:

**TERRI BATES 5 4 3 5 2 6 6 7
TKBATES@BIGPOND.COM**

COST:

**\$ 100 SUGGESTED DONATION,
(OR WHAT YOU CAN AFFORD)**

PLACE:

NAMBOUR COMMUNITY CENTRE

**CNR JAMES AND SHEARER
STREETS**

NAMBOUR

**Please bring lunch to share
& a cushion**